

**CATHOLIC YOUTH ORGANIZATION**  
**Archdiocese of Washington**  
**TRACK AND FIELD RECORDS**

July 17, 2002

<u>EVENT</u>	<u>NAME</u>	<u>DATE</u>	<u>TIME / DISTANCE</u>
<u><b>7-8 GIRLS</b></u>			
100 m	Keva Belcher – St. John, Chillum	1990	14.88
200 m	Kiersten LaRoche – Holy Family, HH	2001	31.99
400 m	Kiersten LaRoche – Holy Family, HH	2001	1:11.47
800 m	Dominique Lockhart – St. Gabriel	1999	2:52.47
1600 m	Kiah Seymour – St. Gabriel	2001	6:12.50
<b>400 m Relay</b>	<b>Holy Family, HH</b>	<b>2002</b>	<b>1:06.38</b>
800 m Relay	St. Gabriel	1999	2:12.70
1600 m Relay	St. Gabriel	1999	5:17.62
SLJ	Simone Robinson – O.L.Q.P.	1996	7' 10"
RLJ	Kiersten LaRoche – Holy Family, HH	2001	10'06.50"
Softball Throw	Leigh Magdelinskzs – St. Mark	1999	76' 8"
<u><b>9-10 GIRLS</b></u>			
100 m	Tanisha Alleyne - St. John, Chillum	1994	13.23
200 m	Tanisha Alleyne - St. John, Chillum	1994	28.27
400 m	Kiyona Curvey – St. Gabriel	2001	1:05.28
800 m	Monica Roy - St. Margaret	1977	2:33.50 *
1500 m	Monica Roy - St. Margaret	1977	5:13.00 *
1600 m	Dominique Lockhart - St. Gabriel	2000	5:48.35
400 m Relay	St. Gabriel	2000	1:00.05
800 m Relay	St. Gabriel	2001	2:04.18
1600 m Relay	St. Gabriel	2001	4:52.76
RLJ	Theresa Prysbocki - St. Andrew	1976	13' 9.5"
HJ	Julie Meng - St. Jude	1980	4' 0"
SP (6)	Davita Miles - St. Gabriel	2000	26' 10"
Discus	Davita Miles - St. Gabriel	2000	58' 8"
<u><b>11-12 GIRLS</b></u>			
100 m	Tanisha Alleyne - St. John, Chillum	1995	12.23
200 m	Tanisha Alleyne - St. John, Chillum	1995	26.56
400 m	Eleanor Peters – Annunciation	2001	1:02.05
800 m	David Jackson - St. Margaret	1976	2:28.30 *
1500 m	David Jackson - St. Margaret	1976	5:03.00 *
1600 m	Jennifer Redman - St. Gabriel	2000	5:49.01
400 m Relay	St. Jerome	2001	:53.90
<b>800 m Relay</b>	<b>St. Gabriel</b>	<b>2002</b>	<b>1:54.87</b>
<b>1600 m Relay</b>	<b>St. Gabriel</b>	<b>2002</b>	<b>4:29.92</b>
RLJ	Theresa Prysbocki - St. Andrew	1978	15' 10"
HJ	Jackie McKinnon - O.L.Q.P.	1978	4' 10"
<b>SP (6)</b>	<b>David Miles – St. Gabriel</b>	<b>2002</b>	<b>35'02"</b>
<b>Discus</b>	<b>David Miles – St. Gabriel</b>	<b>2002</b>	<b>79'08"</b>

\* indicates record that was converted from yards

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<u>13-14 GIRLS</u>			
100 m	Pam Carter - St. Margaret	1977	12.10 *
200 m	Pam Carter - St. Margaret	1978	25.30
400 m	Pam Carter - St. Margaret	1978	58.80
800 m	Tracey Grant - St. Michael	1977	2:25.20 *
1500 m	Valerie Anderson - St. Jane De Chantal	1980	4:44.80 *
<b>1600 m</b>	<b>Jennifer Redman, St. Gabriel</b>	<b>2002</b>	<b>5:47.45</b>
400 m Relay	St. Margaret	1980	51.70
800 m Relay	St. Gabriel	1998	1:53.12
1600 m Relay	St. Margaret	1990	4:22.70
RLJ	A. Bryant - St. Margaret	1979	16' 8.5"
HJ	Jackie McKinnon - O.L.Q.P.	1980	4' 11.5"
SP (8)	Kim Pyles - Campus School	1971	33' 4"
Discus	Julie Younes – St. Jerome	1998	88' 1.5"
<u>7-8 BOYS</u>			
100 m	Dante Myles - St. John, Chillum	1989	13.68
200 m	Deyon Williams - St. Francis, Xavier	1994	30.31
400 m	Essray Taliaferro – St. Francis, Xavier	1999	1:11.32
<b>800 m</b>	<b>Juan Cartledge, Our Lady of Perpetual Help</b>	<b>2002</b>	<b>2:50.85</b>
1600 m	Malik Mingle – St. Gabriel	2001	6:12.11
400 m Relay	St. Jerome	1999	1:04.15
800 m Relay	St. John, Chillum	1995	2:19.81
1600 m Relay	St. Jerome	1999	5:19.14
SLJ	Matt Winn - Blessed Sacrament	1988	68' 6"
RLJ	Mikhal Crockett – St. Jerome	1999	10' 7"
Softball Throw	Carl Chism - St. John Chillum	1996	106' 3"
<u>9-10 BOYS</u>			
100 m	Dante Myles - St. John, Chillum	1990	13.28
200 m	Joel Grimes - St. Francis, Xavier	1995	27.66
<b>400 m</b>	<b>Essray Taliaferro, Our Lady of Perpetual Help</b>	<b>2002</b>	<b>1:06.44</b>
800 m	William Simmons - O.L.Q.P.	1979	2:33.30 *
1500 m	Matt Pack - St. Peter, Olney	1979	4:58.10 *
1600 m	Anthony Young - St. Francis Xavier	2000	5:46.18
400 m Relay	Holy Family	1994	58.30
800 m Relay	Holy Family	1991	2:01.81
1600 m Relay	Our Lady of Perpetual Help	2001	4:44.92
RLJ	Guy Famigletti - St. Jane De Chantal	1978	14' 5"
HJ	A. Stone - St. Patrick	1975	4' 3"
SP (6)	Marlon Powells - Holy Name	1995	28' 3"
Discus	Arinze Onuaka – Our Lady of Sorrows	1998	76' 6"

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<u>11-12 BOYS</u>			
100 m	Frank Oliver - St. John, Chillum	1991	12.40
200 m	Franklin Oliver - Nativity	1990	25.50
<b>400 m</b>	<b>Charles Dunston, St. Gabriel</b>	<b>2002</b>	<b>56.72</b>
800 m	Andrew Flood - St. Raphael	1976	2:21.20 *
1500 m	Kevin White - St. Margaret	1979	4:46.60 *
1600 m	Michael Johnson – St. Gabriel	2001	5:16.44
<b>400 m Relay</b>	<b>St. Gabriel</b>	<b>2002</b>	<b>:52.78</b>
800 m Relay	St. John, Chillum	1991	1:53.32
1600 m Relay	St. Gabriel	2001	4:16.80
RLJ	Michael Randolf - Nativity	1970	15'11"
	Frank Oliver - St. John, Chillum	1991	15'11"
HJ	Chris Bennett - O.L.Q.P.	1976	4'10"
SP (6)	Donald Younger - St. Anthony	1989	39' 9"
Discus	Greg Davis - St. Andrew	1997	98' 9.5"
<u>13-14 BOYS</u>			
100 m	Reginald Brooks - St. Michael	1994	11.33
200 m	Reginald Brooks - St. Michael	1994	23.70
400 m	Michael Harrison – Holy Family	1998	53.19
800 m	Steven Washington - St. Gabriel	1976	2:03.10 *
1500 m	Steven Washington - St. Gabriel	1976	4:24.80 *
1600 m	Shannon Hughes - Holy Family	1996	4:58.90
400 m Relay	St. Margaret	1990	48.12
800 m Relay	St. Gabriel	1999	1:41.40
1600 m Relay	St. Gabriel	1999	3:51.11
RLJ	Tony Deane - St. Catherine Laboure	1978	19' 8"
HJ	Emil Davis - St. Patrick	1976	5' 4.5"
SP (8)	Reginald Brooks - St. Michael	1994	49' 1"
Discus	Marlon Powells – Holy Name	1999	127' 9.5"

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